

SHAKLEE

NEWS

Hydrated, Smooth, Baby Soft Skin!

Calming Complex will calm and assist in the healing of irritated skin.

Men, women and children of all skin types love this product.

Calming Complex is oil free; it will “normalize” your skin ... not dry, not oily!



#32538

I Use Calming Complex Every Day



In the morning I put foundation in the palm of my hand and add Calming Complex ... one pump, mix and apply to my face. I love the consistency and the great natural coverage I get from this combination. And when my mascara or liquid eyeliner gets too thick, I add a drop of Calming Complex to extend the use. C+E is easier to distribute evenly by first mixing it with Calming Complex in the palm of my hand. In the evening I add it to Night Treatment as my skin tends to be dry and needs the extra hydration. My husband uses it after shaving to hydrate and calm his skin, without leaving an oily feel.

Lori

ECZEMA WAXING RASH ITCH CHAFING ROSACEA SHAVING DRY SKIN PRODUCT EXTENDER

Note: A dispensing pump is a must ... go to the “cart” on the Shaklee site and add #50548 into “quick shop”.

The Many Benefits of the “Prove It Challenge” Cleanse Program

My 17 year old daughter and I started the cleanse 3 weeks ago. Before the cleanse my daughter was having stomach issues. She was throwing up two times a week and we thought it was the food she was eating. We started the cleanse to not only lose weight but to figure out what foods were upsetting her stomach. During these past three weeks she has not had any **stomach issues**. Last week, she decided to introduce some gluten one night and dairy on another day, back into her diet. After eating both days she threw up. Because of the cleanse, we were able to determine that she is both lactose and dairy intolerant. I was worried about doing the cleanse and being able to change our diets. We are both happy that we took on the challenge.

Jodi Dowe



I just finished my 7 Day cleanse. It was truly amazing! For all those starting today and the ones in the mix of it now, keep it up. It's all worth it.! I feel so good and can't wait to strip and shake these next 23 days!

Danielle

Getting Sick?

DEFEND & RESIST COMPLEX

“To the Rescue!”



Key ingredients in Defend & Resist have been shown in laboratory studies to:

- Help to stimulate the body's natural resistance with Echinacea purpurea
- Help to maintain a healthy immune response with black elderberry
- Enhances immune support with larch tree

Swallow, chew, or crush in hot water for a soothing tea. Adults take 6 tablets daily for about 7 days. Item: #20613

“VITALIZED IMMUNITY” DELIVERS!

Take at the first “sign” of a Cold

A deliciously effervescent formula, sweetened with Monk Fruit and contains zinc, Echinacea & vitamin C.



SUPERIOR CLEANERS

My friend just shared this before/after with me. She's very impressed with Scour Off! It did a great job on the stainless steel sink as well.

Sue M

NON-TOXIC OVEN CLEANING

When you want to clean your oven, turn it to 200 degrees and then turn it off. Spray it down with industrial-strength Basic H2, close the door, and let it set overnight. The next day simply wipe it clean with a wet sponge. For any stubborn spots use

Scour Off, a non-toxic and very effective oven cleaner.

Annie



“Formula 1” and WARTS

When my daughter was 6 years old she broke out with about 6 planter-type warts around her big toe area. Soon these 'jumped' up to her knee. They were very unsightly and irritating. I thought maybe Formula 1 might enable her immune system to fight the wart-virus off. I gave her 2 “Formula 1” a day for about 10 days. The warts disappeared at about day 14. We were thrilled!

Nene Wood

NOTE: Many folks use Formula 1 for their “ALLERGIES” with great results.

Contact:

MARATHONERS

Mother and Daughter Run the Twin Cities Marathon

Our first marathon versus our second marathon had major differences. For our first marathon we trained for about 6 months. We experienced a lot of joint pain and cramping but figured it was just part of the process ... the body was just responding to extreme exercise and it was to be expected.

Then the big day came and we felt great and were excited about what we were about to accomplish. Gradually as we progressed the pain and cramping increased. At about mile 19 we began to hit the “wall” and Maddie’s whole right side cramped up; finishing the race was a big question mark! But sheer determination pulled us both through to the end.

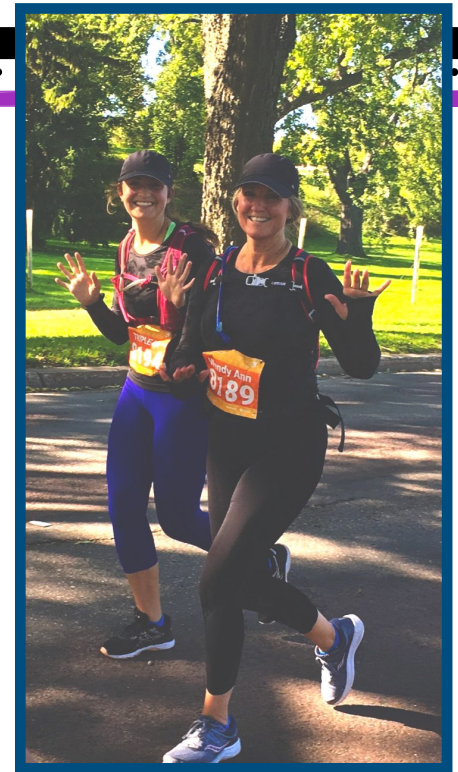
Two years later we decided once again to sign up for the Twin Cities Marathon, but this time we only had 4 months to train. And once again the old familiar joint pain and cramping was part of the process. Then in talking to my mother-in-law and reading about folks who had reversed their joint issues, I thought ... “Maybe we should give **Joint Health Complex** by Shaklee, a try.”

Long story short we took lots of the Joint Health product along with the **Hydrate Stick Packs** while running, the **Physique Build** shakes and the **Recovery Complex** right after the run, and you guessed it **the cramping and joint problems and soreness went away.** (note: the joint product was also taken on a daily basis outside of the runs) This time our marathon, while still very challenging, did not come with all the problems. As we ran we took the Hydrate powder and put it under our tongue and then swished it with water along with taking a Joint Health tablet. We would do this every 30-40 minutes.

After our first marathon we struggled to get “up and running” for a good week as we were totally “wiped out”. **Not so with the second marathon.** The very night after the marathon we met for dinner and socializing and back at work the next day!!

We can hardly believe the major physical differences in the two marathons!

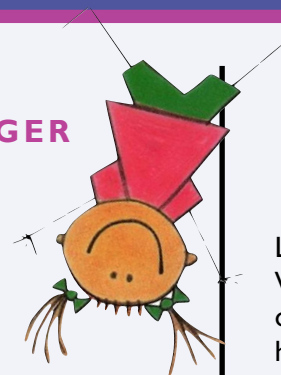
THANK YOU SHAKLEE! ... Wendy Kreuzer



Kids LOVE Shaklee

SLEEP, BEHAVIOR, ANGER

If your kids are struggling with sleep, behavior, sadness, anger or anything related, check out Shaklee’s products! Shaklee’s vitamins have helped Lincoln so much in so many ways —making better choices, controlling his anger and mood improvement, to name just a few. I can tell you that when we have run out and he hasn’t had them for a few days we can tell a big difference. He takes their Multi-Vitamin & B Complex combo in the morning and at night. Not all vitamins are created equal and I believe in this company and our representative Patty, in particular!



Erin T

This is why I “LOVE” Shaklee This is why I “SELL” Shaklee SHAKLEE DELIVERS RESULTS!

Lorri,
Wanted you to hear a nice testimony I received from one of my customers. Her mom died in August and her dad is not doing well and is in Hospice. I gave her a bottle of **Stress Relief**. Here is her thank you note to me:

Hi Rita,
I wouldn’t have survived the last couple weeks without your help. Those “stress tabs” work better than my actual anxiety med! I so appreciate your sharing Shaklee with me. Hugs Angie

VIVIX

About 2 weeks ago, Jane's mom, Becky, who will be 97 next month, had a moderate stroke. Her symptoms were confusion, fatigue, weakness, and some peripheral eyesight limitation.

One of the medications the hospital wanted to give her was for **blood pressure (BP)**. For three days it was consistently high; she had numerous readings of about 180/79. We told them to hold off on the meds and decided to give her Shaklee's Vivix instead. Shaklee didn't create Vivix to treat blood pressure, but we had experience with another member in our group whose BP improved greatly after using Vivix.

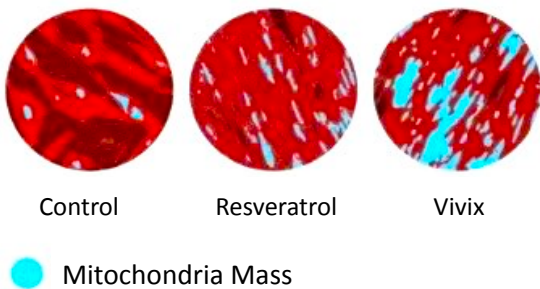
The nurse checked Becky's BP early the next morning and it was still high, 178/72. We gave her one serving of Vivix at 10 am. Her next reading at 12:30 pm was 143/67, and at 4pm it was 140/67. That night a nurse looked at all of Becky's BP readings and said, "I have never seen improvement like this in a person your age!" Since she's left the hospital her readings have been consistently in the normal range, averaging between 131/72 and 124/57 as long as she took a serving of Vivix in the a.m. and p.m. Her **physical strength and mental clarity** have improved as well. Becky has also been taking Vitalizer every day. What amazing products!

Bill & Jane M.

CELL ENERGY

In a laboratory study, Vivix ingredients were shown to dramatically increase energy production at the cellular level, which is known to decline as we age.

Effects of Vivix Key Ingredients on Mitochondria



ULCERATED COLITIS

D. Mathias

I suffered for many years from ulcerated colitis, an inflammatory condition of the large colon which produces burning, itching and diarrhea. I watched my diet very carefully and added the Shaklee supplements that are important for healthy digestion along with the Vitalizer.

My condition improved, but as soon as I would eat sugar or any gluten, I would again suffer a great deal of pain and diarrhea. I began taking VIVIX and noticed that day by day the inflammation was less and less. All the symptoms associated with the disease were gone in 8 days.

VIVIX has also given me increased energy, my brain works better and I feel younger.

VIVIX has changed my life!



A Young Wife & Mother Shares Her Health Transformation

"For nearly 15 long years I struggled terribly with my health. Doctors could only diagnose my symptoms as an auto-immune condition of unknown origin. I was constantly tired with weakness, joint pain and many other crazy symptoms including loss of pigment in the skin on my arms and legs and a burn-like rash covering my face. I took every medication the doctors recommended in the hopes of feeling normal. After 15 years I was sicker than ever and I was still getting flare-ups.

I had a beautiful family that I couldn't enjoy. My friend had told me about Shaklee but I was SO SKEPTICAL. I had tried EVERYTHING, so why was this going to be different? But at the same time, what did I have to lose?

I started with Vitalizer and a Protein shake a day, and within a week, I felt a difference. I thought I was crazy and that it was the placebo effect, but I continued.

Within the first month, I had weaned off of all temporary and permanent medications.

I have not had to be on a single one since - it's the longest span I have been medication-free in almost two decades!

The pure nutrition in Shaklee products started to rebuild my body.

With just one shake a day and Vitalizer, I was able to become a better version of myself and was able to be the wife and mom I had wanted to be for so long!

And the icing on the cake ... I lost 47 pounds within one year of consistently using these products, simply because I finally had energy and was able to run, exercise and be active!"

