

Shaklee NEWS



Photos: The Ultimate "wake-up" Call!

Sharing this makes me extremely uncomfortable, but if I can help someone it's worth it.

The first picture was taken at our global conference I was very unhappy with how I looked.

I'd struggled to keep weight off and was about to give up. Luckily at the same conference a new Life Shake and probiotic (OptiFlora DI) were launched and it has made all the difference for me.

In only one month I lost over 10 lbs.! To date I've lost 15. I went on to do the 7 Day Shaklee Cleanse and feel so much better and happier.

Marion Baretto



Big "Change" in only one month!

PROBLEMS IN THE CLASSROOM

I've taken STRESS RELIEF complex for many years and it has helped me with adrenal issues, stressful times in my life, and has helped me to sleep better.

It finally dawned on me that it might help my son with sensory issues, especially in the classroom!



3 weeks ago I began giving him 2 Stress Relief Complex tabs per day with his other vitamins, and didn't tell him or anyone else what they were or why I was giving them to him.

I spoke with his teacher this week who commented: "He has had two great weeks in the classroom!"

Me: "Really?? What have you noticed that is different?"

Teacher: "He's not as fidgety, he isn't blurting out as much, and he's responding better to others in the class."

This is an ENORMOUS improvement for him! It took Stress Relief Complex for the win!

Gina R. Forcatto

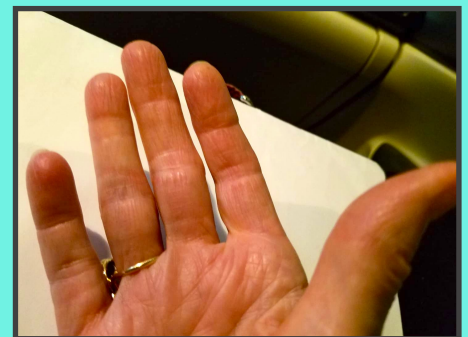
No Blistering!

I was ironing and accidentally dropped the iron onto the floor! As it fell it hit the inside of my right hand fingers.

I quickly began to saturate the burned area with Shaklee's Basic H.

As the heat from the burn bubbled up I kept dropping the Basic H onto the burned areas.

Now, as you can see ... no blisters! Great first aid item for almost any burn including sunburn.





Youth
Skin Care
 by
Shaklee



It was the "60 day after" photos that blew me away. I was SHOCKED by my own before photos. Looking in the mirror, I could no longer see dark circles under my eyes; fine lines were almost completely gone; and my "expressive forehead" lines were vanishing, too.

KRYSTLE GOSSETT'S FAVORITE COMPLIMENTS:

"Wow, Mommy, your face is so so soft!"

"Did you change your foundation?" My reply? "Ha...nope...I'm not wearing any!"

"Are you pregnant?—your skin is glowing and radiant."

CYSTIC ACNE FOR 21 YEARS!

My husband, Lowell, suffered from cystic acne from the age of 15 until age 36, at which time we found Shaklee. He was on Tetracycline for 18 years and Accutane for 6 months. He had been on a strict diet of no dairy for all of those years, to no avail. He could not use Accutane and fly commercial airplanes so he got off the drug, but the acne came back!



Then Shaklee came into our lives and that changed everything with his skin. Shaklee Vita Lea is the leader in the Natural Supplement industry, so it was a product line we could trust.

Lowell figured out how much Shaklee Vita Lea he could take to get the equivalent of the synthetic A in the drug. 6 months of being on Vita Lea fixed the problem with his skin and he no longer had Cystic acne, including the scars!!

With the help of the following his skin normalized, even to this day:

- 1) The best nutritional supplements anywhere, and in the balanced amounts his body needed
- 2) Being off two horrible drugs
- 3) Getting on OptiFlora probiotic
- 4) No longer having a restrictive diet

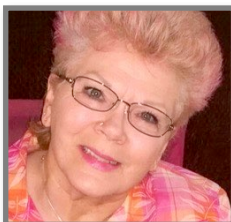
He now takes 6 Vita Lea per day as he needs more than people without skin issues. His diet is full of vegetables and one or two fruits per day — and much less meat; all of this keeps him super healthy.

Linda Dietz

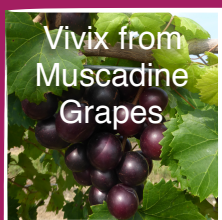
Severe "Bone on Bone" Knee Pain

I was in urgent care last Friday, having so much pain in my knees I could barely stand. X-rays show that my knees were bone on bone.

I started taking Shaklee's Joint Health Complex ... a triple dose per day, along with double Alfalfa. I was taking Motrin for the pain which was causing gut issues. **It is exactly one week later and in one knee I have NO pain. The other knee is nearly pain free.** I have not taken any Motrin the last 4 days!



KatieMae Carroll



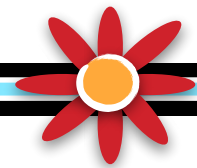
**Vivix from
 Muscadine
 Grapes**

Prostate Cancer

My client has Prostate Cancer with a very high white blood cell count. He started taking 1 teaspoon of Vivix. His blood test showed a decrease in the white cells so he started taking 2 teaspoons of Vivix and his blood test showed even greater decrease in white blood cells.

When his doctor asked him what he was doing, he showed him the Vivix information. The doctor told him to increase his dosage to 4 teaspoons because of the results he saw in the blood tests.

Rochelle Cotton, CA



Tired of throwing product away?

"TIP"

Cut the tube and you'll find lots of product! Slide the two together to prevent the product from drying out.

High-potency "Sustained Release" Magnesium

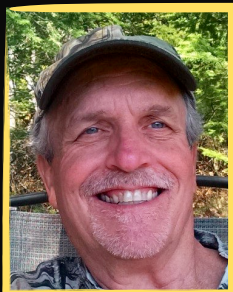
VitalMag contains a proprietary blend that includes elemental magnesium from three different sources and added potassium for proper nerve transmission and normal muscle contraction, plus boron to aid in bone metabolism and magnesium utilization.

Supports retention of:

- Cardiovascular health and steady heart rhythm
- Normal blood pressure and blood sugar
- Normal muscle and nerve function
- Bone strength

May also provide relief from PMS symptoms, water retention, breast tenderness, cramps, restless leg, anxiety and more!

- The gel-diffusion delivery system slowly releases nutrients over four to six hours.
- Our delivery system is designed to prevent gastrointestinal upset.



Stomach Pain

I have suffered with a low level chronic pain in my lower right gut for more than 14 years. Nothing has ever helped get rid of it and I resigned myself to it being something I just had to live with. I started taking the new Optiflora DI on August 20, just 1 capsule a day. The pain in my gut went away on August 27 ... just 7 days after starting this product!. After suffering with this for 14 years, I can't begin to tell you what a relief this is."

Rod Larkin

ONE "HAPPY" LADY!

Just got back from my yearly check-up (skipped last year... not recommended!) with a medical Dr. who believes in my approach to health.

Well, she could not get over my results she made the comment a couple times that she rarely sees these kinds of numbers with healthy gals in there 30's!! MUSIC to my 73 year old ears, to say the least! My 45 plus years on Shaklee Supplements are paying off!!

She was sincerely impressed and somewhat shocked at my numbers. In addition to my long standing supplement program, I was experimenting with Shaklee's 7 Day Cleanse program, which I shared with her.

Since going on the "7 Day Cleanse" in early Dec. I have seen my digestion improve and I've started to drop the pounds (slow but sure!). And the best part is I feel GREAT and really enjoy my new and improved diet. Keep in mind, I have been into "healthy" eating for many, many years. This just kicked things up a couple notches! Yes, I am excited and very, very grateful!

Lorri Kreuscher

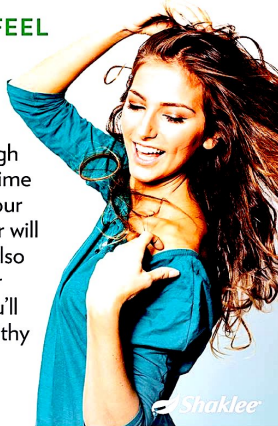


DAY 7

YOU BASICALLY FEEL LIKE BEYONCÈ?

TIP: Embrace it! Celebrate yourself! You just made it through a 7-day cleanse! Take time to think about when your 2nd cleanse of the year will be, and make sure to also talk to your distributor about the products you'll need to keep your healthy lifestyle going.

#ShakleeCleanse



This has been my **favorite cleanse** EVER.

I have learned a ton about supplements and their benefits (hello ALFALFA for joint pain and inflammation - you are my new best friend!) Also I tried a bunch of new and delish recipes that have gotten me out of my cooking rut. AND I lost SIX pounds in the first 5 days! My brain fog has

turned into brain energy! I highly recommend this cleanse to anyone looking for a super effective cleanse with short term (seven day) commitment!

Wendy C

Shaklee Dish Wash

This fresh scented Dish Wash is soft on hands and the earth but tough on grease. You need only a few drops to tackle a pile of greasy dinner aftermath.

It's natural, nontoxic, hypoallergenic, ph-balanced and biodegradable. It also doesn't contain chlorine, phosphates, dye or any other hazardous chemicals.



Contact:

NURSING TEACHER GETS "A Lesson In Health"

I have a Master's Degree in Nursing and was teaching Nursing at Mercy Hospital, Clinton, Iowa, at the time my husband was introduced to Shaklee supplements. I really thought he was wasting his time and money when he first bought Shaklee Calcium. Being a nurse, I was certain he was getting all the vitamins and minerals from his diet.

But, much to my surprise, I saw him getting some relief from his **back pain**. I only attended Shaklee meetings at his insistence. After awhile, I realized that many of the things that were being said began to make sense to me.

For many years, I had been on medicine for **high blood pressure** and a hiatal hernia. I decided to take Alfalfa 2 tablets, three times per day. Much to my surprise, I too started to notice some relief from **stomach problems** and gas caused by the **hiatal hernia**.

I also had problems eating certain types of food. In about two weeks, I could eat them without experiencing any problems. I decided to add Vita-Lea, Energizing Soy Protein, and OsteoMatrix. and my **aching joints and pain in my wrist** were diminished.

Within a few months, I added some of the other Shaklee supplements, along with the Alfalfa. By this time, I was feeling so much better, I checked with my doctor about the possibility of cutting back on my blood pressure medication. After several months of monitoring my blood pressure, and slowly reducing the amount of my medication, it eventually reached a point a year later, that **I was able to be completely off the blood pressure medication**.

It has now been eight years without experiencing any problems with my hiatal hernia or my high blood pressure. Also, thanks to Shaklee 180, I was able to reach my normal **weight**.

Carole Harridge, RN