



NEW POWER PARTNER FOR YOUR SHAKES!

Our brand new **Organic Greens Booster** is the easiest way to get one cup of raw, organic, **nutrient and fiber-rich** green vegetables in just one scoop. Organic Greens Booster is made with kale, spinach, and broccoli and loaded with Vitamin K plus phytonutrients like lutein and zeaxanthin. All you have to do is take a scoop and add it to your Shaklee Protein Shake to get a serving of greens. No more pulling out the “greens” for your shake, only to find they have gone bad!



Organic Greens Booster is a **whole food** supplement. Add one scoop or more to your favorite Shake or other beverage, and try it in foods such as soups, stews or pasta. The possibilities are almost endless. Organic Greens Booster is also a great way to “sneak” some greens into your kids favorite foods for a boost of phytonutrients. What’s not to love!

Organic Greens Booster: item # 21306

- Contains dehydrated kale, spinach and broccoli in their purest form with **all the fiber intact**
- Excellent source of vitamin K and delivers the phytonutrients lutein and zeaxanthin, along with other vitamins and minerals
- 10 calories per serving
- Gluten-free, Vegan, Non-GMO, Star-K



GO GREEN SHAKE

Ingredients:

- 2 Scoops Strawberry Shaklee Life Energizing Shake
- 1 cup milk of choice (or ½ milk, ½ water or all water)
- 1/4 cup frozen pineapple chunks
- 1 scoop Organic Greens Booster
- 1/2 banana or blueberries
- Ice as desired

Directions:

Combine all ingredients in blender with ice. A squirt of lemon could be added.



BLUEBERRY BANANA SHAKE

Ingredients:

- 2 scoops Vanilla Life Energizing Shake
- 8 oz. milk of choice (or ½ milk, ½ water or all water)
- 1/2 frozen banana
- 1/3 cup frozen blueberries
- Dusting of ground cinnamon
- One scoop Organic Greens Booster
- 3 ice cubes

Directions:

Combine all ingredients in blender with ice. Blend and enjoy!



RED VELVET VEGGIE DRINK

Ingredients:

- 2 scoops of Chocolate Life Energizing Shake
- 1 ripe banana
- ½ beet chopped (raw or baked)
- One scoop Organic Greens Booster
- 1 tsp. vanilla extract
- 1 cup milk of choice (or ½ milk, ½ water or all water)

Directions:

Combine all ingredients in blender with ice. Blend and enjoy!

PROTEIN SHAKE OPTIONS

SOY:

Instant Protein Soy Mix, Non GMO ... no sweetener: # 20661

Energizing Soy Protein, Non GMO :

Cocoa # 20670; Vanilla # 20665

Life Energizing Shake, Soy, Non GMO:

Café Latte : # 21272 or # 21270

Vanilla: # 21263 or # 21261

Strawberry: # 21269 or # 21267

Chocolate: # 21266 or # 21264

Assortment Pack (7 Choc., 7 Van.): #21273

Plain & Simple ... no sweetener: # 21304

NON-SOY

Life Energizing Shake, SOY FREE ... **sacha inchi, rice, pea, potato** protein:

Vanilla # 21274 or # 21275

Chocolate # 21276 or #21277

Shaklee 180 Smoothee ... whey and milk protein:

Vanilla: # 21260

Performance Advanced Physique 100% Grass-Fed Whey Protein

Vanilla: # 21314

Chocolate: # 21313

Performance Physique Recovery Shakewhey and milk protein:

Banana # 20495

Meal Shakes ... milk protein

French Vanilla: # 20321

Bavarian Cocoa: #20322



IS SOY GOOD FOR YOU?? ... read all about it from a soy expert:

<http://healthresource.shaklee.com/soy-health-dispelling-myths/>

ENERGY ... WEIGHT ... HEALTHY MEAL ON THE RUN

"I love the Shaklee Shakes! They curb my appetite for "junk" food like nothing else can. They give me that boost of energy first thing in the morning and also prevents that "out-of-control" afternoon slump. And did I mention that they are "over the top" healthy!" Lorri



ALLERGIES AND INFECTIONS

I had severe allergies and chronic infections for 11 years. As I began taking the Shaklee supplements I started to have less allergy symptoms and less infections. Then when I added NutriFeron to my supplement routine I showed no allergy symptoms at all. And I have lots of energy ... anybody with allergies can tell you that allergies rob you of energy and it becomes a big issue. Shaklee truly gave me my life back. Toby

HOT FLASHES

I have been going through menopause for a while but I recently started to have HOT FLASHES so I went to a gynecologist and he recommended hormonal treatments and gave me a prescription. I had it filled and it had so many side effects ... I thought there must be another way!

So I called my Shaklee sponsor and she suggested I add Energizing Soy Protein, GLA, and Menopause Balance Complex to my supplement routine. Well, within a short period of time my hot flashes stopped. It's been four months and no hot flashes! JoAnne



ECZEMA

I just realized that, for the first time, the kids did not have any eczema this year. In the past, they've had it bad all winter, despite constant lotions and prescription creams. I know it's not scientific, but I doubt its coincidence that this year we switched from our mainstream-brand "dye-free, perfume-free" laundry stuff – which I learned contains just as many toxic chemicals as the "regular" versions – to the Shaklee laundry products." Lisa



It Can Help Your Body and Brain Relax

In order to fall asleep and stay asleep, your body and brain need to relax. On a chemical level, magnesium aids this process by activating the parasympathetic nervous system, the system responsible for getting you calm and relaxed .



First, magnesium regulates neurotransmitters, which send signals throughout the nervous system and brain. It also regulates the hormone melatonin, which guides sleep-wake cycles in your body.

Second, this mineral binds to gamma-aminobutyric acid (GABA) receptors. GABA is the neurotransmitter responsible for quieting

down nerve activity. It is the same neurotransmitter used by sleep drugs like Ambien. By helping to quiet the nervous system, magnesium may help prepare your body and mind for sleep.

My go to "bomb" recently has been Stress Relief, Vitalmag and Recovery Complex. I haven't slept this good in years! Anna

MY AMAZING VIVIX STORY

I have had an extensive background in fighting many diseases from Cancer to pesticide poisonings to multiple chemical sensitivities! I often weighed in the 80's and low 90's for weight (I am 5'2"). I studied to become a Dr. and had a practice for many years. I could help everyone but me. About 8 years ago I began taking Vivix. I noticed immediate changes in energy and strength and I was super excited about the changes and then Shaklee changed the bottle from glass to plastic; and because I am chemically sensitive and concerned about plastic, I dropped out of taking Vivix. Life went on and more challenges were placed upon this already fragile body. I am a fighter and so I kept trying to find answers. After a terrible "hit" by the ranch behind our organic farm who sprayed a combination of 2-4D and Plateau (mixed inappropriately as it burned the fields and sickened the horses) and nearly killed me; my life became at times a "living hell." My stomach went to glass and I was doubled over for months and had to puree what few foods I could handle. My intestines became permeable and I was sickened by almost every food and chemical I came into contact with. Lorri Kreuzer over the years kept sending me newsletters and I kept deleting them. Then one day, while so sick I was praying to die, another newsletter came. It was about Vivix. I thought "what do I have to lose?" That was about a month ago and within two days of taking Vivix my energy came way up! I began to feel stronger and was able to do things I could never do before, like go into a hospital to sit with my dear friend in hospice. I began to have near normal movements and to eat more foods and I am putting on a few pounds and am up to 94 pounds! If Vivix can change all of that in a month for one as sick as I have been just imagine what it can do for the "normally run down" person. My Dr. of 20 years noticed a change at my last exam. I told him I was taking Vivix and he said "I remember you were better when you took it before!" WOW! My lesson to share is to NEVER give up! Gods got help and for me it has been Vivix! Dr Lynn Schriener ND



VIVIX:

Backed by six patents, Vivix contains a proprietary, all natural blend of diverse polyphenols designed to help protect and repair DNA to Slow aging at the cellular level. Key ingredients have been shown in laboratory studies to activate cellular defenses, neutralize free radicals and slow the development of damaging AGE proteins that can lead to cellular aging.



- * Protect and repair DNA
- * 40% lower rate of telomere shortening
- * 13x more powerful than resveratrol alone
- * Available in liquid and liquigels, no refrigeration needed

Our patented extraction process concentrates and preserves the bioactive polyphenols from the world's most potent sources, including the rare muscadine grape.

BEFORE & AFTER RESULTS USING YOUTH SKIN CARE



YOUTH

**Dermatologist Tested
Hypoallergenic
Suitable for Sensitive Skin
Non-comedogenic
Ophthalmologist Tested
Gluten Free
100% Vegan
Cruelty-Free**



YOUTH goes beyond the face!

I've struggled with eczema on my hands for 2 years. I've tried every cream out there. Many caused painful stinging and itching and none did anything to heal my skin. Then YOUTH came out and I figured I had nothing to lose so I used the Rich Night Cream before going to bed and by the third night the itch, cracking, peeling and redness had gone away! I'm seeing healthy looking skin finally come back. Thank You Shaklee!! This is amazing.

Susan

CONTACT:

Becky went from feeling utterly exhausted all the time to bursting with renewed energy

"I've tried so many diets without any lasting success, but with Shaklee 180® I was back in my pre-pregnancy jeans in two months! And I've learned how to keep it off. With Shaklee 180®, I am able to focus on my family's well-being, one healthy meal and supplement at a time."

LOST
46lbs



Advantages of Shaklee 180

Some of the advantages you will get from the Shaklee 180 products include:

- **Appetite control**
- **Build lean muscle ... powered by leucine**
- **Low glycemic, non GMO protein, kosher**
- **Healthy weight loss**
- **Increased energy**
- **Gluten and lactose free**
- **Enhanced metabolism**
- **One billion patented probiotics**