

SHAKLEE

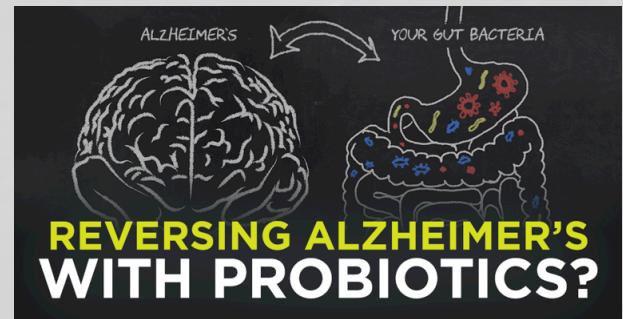


SEIZURES!



Doug Smith shares: "My epilepsy was getting worse. Despite taking 19 pills daily, I was experiencing seizures or side-effects every single day. I had heard about Shaklee supplements and asked my neurologist if he saw any problem with me taking them and, not surprisingly, he was skeptical, but he gave me a reluctant OK. I ordered Vitalizer, Vivix, NutriFeron and Shaklee Life Shake. Amazingly, within one week my seizures and side effects went away completely! It's been over a year and still no seizures!"

Every year when it starts to turn colder, I have gotten this crazy eczema (or something) on my hand! This year I switched out my hand soap to Shaklee's **Hand Wash** and used Shaklee's **Shea Lotion** ... it went away in 2 weeks! Melani Sessa



Reversing Alzheimer's with Probiotics?

David Perlmutter, MD

For the past several years I have been writing and lecturing about the relationship between Alzheimer's disease and changes in the gut bacteria. We know, for example, that Alzheimer's is an inflammatory condition. As well, we know that changes in gut bacteria enhance inflammation. So it seemed quite reasonable to assume that damage to, and loss of diversity in, gut bacteria could hasten brain degeneration so characteristic of Alzheimer's. We know, for example, that loss of diversity in the gut organisms as measured in populations in various countries correlates to increased prevalence of Alzheimer's disease in those countries, as was so eloquently described in my Empowering Neurologist interview with Dr. Molly Fox.

OptiFlora
by Shaklee





Are Your Muscles “Screaming” After Strenuous Work, Exercising, Shoveling Snow?

Reach for Physique The Pure Recovery Shake



Physique was designed to Reduce or Prevent Pain after exercise and to maximize training efforts

- It is a healthy, drug-free way to build lean muscle mass
- It helps you to recover more quickly from a workout
- It is designed to stimulate your own natural, anabolic body-building process
- It gives a faster energy return, so you can maintain a more strenuous workout
- If you are working hard for body building or strength, it creates OPTIMAL conditions for maximum muscle mass and strength development.

Anyone suffering from muscle fatigue would benefit immensely from the daily use of Physique

- people who suffer with fibromyalgia,
- people who suffer with chronic fatigue syndrome
- anyone whose work makes heavy physical demands on the muscles

Physique is Highly Recommended for Seniors

The following report comes from Dr. Richard Brouse ... Chiropractor from Oregon

After two years of recommending Physique to 210 elderly patients (men and women between 65 and 84), we noticed some amazing results that we would like to share with you.



1. **72%** of people over 65 years of age who began using Physique daily had an increase in energy and more muscle mass after six months
2. Sugar regulation of those who had been hypoglycemic or hyperglycemic returned to normal in **56%** of the cases within 3 months after starting daily use of Physique
3. **60%** of all elderly patients following our recommended exercises had less muscle and joint symptoms within 3 months after daily use of Physique.

These findings can only suggest that Shaklee Physique is a very useful addition to the nutritional program of the elderly population who are physically active and taking positive steps to maintain their health. When maximizing the diet and regularly supplementing, significant benefits can be gained by the elderly using Physique. **We are very excited about these findings and hope that mature people and not just young people will take advantage of this outstanding product.”**



August 2014
Age 55

Karen Hurd

No Shots, No Peels,
No AHAs,
No Surgery

July 1998
Age 39

**Shaklee
Enfuselle**

*Turn Back
The Hands of Time
on your face!*

Enfuselle



The Cold, Hard Truth About Kids' Vitamins

Flintstones aren't the only Kids' vitamins that are scary! Most of what you purchase at the store, even the health food stores, contain harmful ingredients including heavy metals, pesticides, high fructose corn syrup and the list goes on. Fortunately, we found Shaklee's **Incredivites** that has this mama saying, Yabba Dabba Doo!

Gina Forcatto

While Flintstones vitamins may contain a variety of vitamins and minerals beneficial to children, they also contain a lot of chemicals and additives that can cause harm to their health. If you're going to take vitamins, it's best to stick to ones that contain only natural ingredients, which might sadly mean they're not shaped like Fred and Wilma.



My son was on antibiotics for 1 year, then I started my 16 month old on a regiment of Shaklee supplements: OPtiFlora, MultiVitamins, and NutriFeron. His pediatrician wanted to put tubes in his ears and I begged and pleaded to wait for 2 months. We were strict with the vitamins as well as using Shaklee's healthy cleaning products. In 2 months he was ear infection free! He is now 5 and hasn't been on any prescriptions. My pediatrician is amazed at the turnaround in our health and now even recommends Shaklee's multi-vitamins for his patients!

Ear Problems



Jennifer Hart, CO

Shaklee Kids "Power Pack"





Remove Toxins for Improved Health



Every person's health and well-being is dependent on how their body removes and purges toxins from the body. With all the environmental pollution, toxic body care products and processed foods, most people are in desperate need of a serious detox! A liver cleanse is a great way to do this.

One of the main ways that the body rids itself of toxins is through the liver. In fact, the liver is one of the hardest working organs in the body. It works tirelessly to detoxify our blood, produce the bile needed to digest fat, break down hormones, and store essential vitamins, minerals and iron. And when the liver is not functioning optimally, we cannot digest our food properly, especially fats!

Milk Thistle (found in Shaklee's Liver DTX) is considered the "king" of detoxifying herbs, making it ideal for a liver cleanse. Milk thistle helps to eliminate the buildup of heavy metals, prescription medications, environmental pollutants and alcohol in the liver. In addition, it helps to reduce the negative effects on the liver after chemotherapy and radiation. The active ingredient silymarin helps to strengthen the cell walls in the liver, while supporting healthy regeneration.

Distributor:

Changing Brands Can Change Your Health!

When looking for ways to improve your health, you might consider the food you put into your body, the exercise you're getting, or ways to improve your sleep habits.

Rarely, however, do you think about products that you use around the house, in the air, or even on your body. **Yet these products can play a crucial part in how you feel, and in some cases, could even be the cause of major health woes.**



Here's a list of some of the most overlooked, yet potentially harmful products that many of us use on a regular basis.



Household cleaners, including bathroom cleaners and furniture polish, are host to a wide array of harmful, toxic chemicals.

Major offenders include chlorine, linked to pulmonary disease and thyroid damage, and petrochemicals, associated with nose and throat irritation, liver and kidney problems, lung tissue damage, birth defects, eye damage, nervous disorders, and more.

Shaklee's "Get Clean" products are Natural, Safe and extremely Effective in cleaning your home.

"Get Clean" products featured on the Oprah show with Dr. Oz as being a great "natural" cleaner choice.